Sermon Notes for 4.13.23 and 4.16.23 *Putting an X Through Anxiety* Book Series **Part 1: A Legacy of Faith**

Day 1: We're responsible for teaching our kids about the Lord.

1 Samuel 1:24-28 Deuteronomy 6:5-9 Deuteronomy 4:9 Ephesians 6:4

Day 2: Not all sin is connected to anxiety, but sin often results in anxiety.

Hebrews 13:5 Luke 10:38-42 Luke 12:11-22 James 4:17

Day 3: The enemy makes sin very attractive!

Ephesians 6:11 Psalm 141:3-4 Genesis 4:7 Proverbs 9:13-18

Day 4: Jesus gave us instructions for dealing with worry and stress.

Matthew 6:34 1 Peter 5:6-8 Matthew 6:25

Day 5: Harboring worry doesn't end well.

Genesis 16:1-6 1 Samuel 13:7-14 Proverbs 12:25

Day 6: Will I trust HIM with my worries?

2 Timothy 1:7 Psalm 37:5 John 14:1 Psalm 56:3

Day 7: We experience His goodness when we surrender our worries.

Matthew 11:28 Romans 8:31 Philippians 4:6-7 Psalm 23:1